

The UK Council for Psychotherapy is pleased to announce the 14th Congress of the European Association for Psychotherapy will be held in Cambridge.

‘Days of Shaking’ : psychotherapy in a time of change

Based at: West Road Concert Hall, Cambridge 13th to 16th July 2006.

In a world where few things remain unshaken, our Congress examines three challenges to psychotherapists:

The loss of home, of physical safety, of livelihood, through war and natural disasters: - unfortunately these were not left behind in the 17th Century

- *how can psychotherapy best help those whose lives have been shaken apart?*

Challenges shaking up our established ways of working and thinking:

- *research in affective neuroscience: does it challenge our work?*
- *rise of the Internet and the web: who needs face-to-face therapy?*
- *new theories (e.g. Mindfulness) and challenging methods (e.g. brief therapy)*
- *changing legislation – effects of human rights and freedom of information laws*

The role for psychotherapy, the subversive profession, in a changing and increasingly rule-bound Europe:

- *how will we be shaken up as a profession?*
- *how might this change our practice?*
- *what can we do? how can we shake the profession ourselves, positively?*

Academic and Scientific Committee:

President of EAP 2006: Alexander Filz
 Secretary General of EAP: Alfred Pritz
 Chair of UKCP: Lisa Wake
 Vice Chair of UKCP: Christine Lister-Ford
 Paul Boyesen (France and Spain)
 Barbara Fitzgerald (Ireland)
 Serge Ginger (France)
 Leopoldina Kobal (Slovenia)
 Cornelia Krause-Girth (Germany)
 Andrew Samuels (UK)
 Willy Szafran (Belgium)
 Courtenay Young (UK)

Conference Organising Committee:

Heward Wilkinson (Chair)
 Laura Donington
 Cairns Clery
 Jenny Corrigan
 Regina Hilbert (adviser)
 Liebe Klug
 Linda Matthews
 Adrian Rhodes
 Alex Walker-McClimens

Plenary Speakers will include:

Gerald M. Edelman MD, PhD is Director of The Neurosciences Institute in La Jolla, California and, separately, is Chairman of the Department of Neurobiology at The Scripps Research Institute. In 1972, received the Nobel Prize in Physiology or Medicine for his work on the structure and function of antibodies. In his subsequent work, he formulated a detailed theory to explain the development and organization of higher brain function, described in his 1987 volume, *Neural Darwinism* and elaborated in a theory of consciousness presented in his books, *The Remembered Present* and *Wider than the Sky*.

James Grotstein MD, Clinical Professor of Psychiatry at UCLA School of Medicine, is a training and supervising analyst at both the Los Angeles Psychoanalytic Institute and the Psychoanalytic Center of California. A past Vice-President of the International Psychoanalytic Society, he is in private practice in West Los Angeles. His many books and articles include ‘*Splitting and Projective Identification*’ (1981), and ‘*Who is the Dreamer who Dreams the Dream: a study of psychic presences*’ (2000)

Bill O’Hanlon MSc, LMFT: Fellow and Board Member of the American Psychotherapy Association; developer of solution-oriented psychotherapy; author and co-author of many books including *A Brief Guide to Brief Therapy* (1993); *Evolving Possibilities* (1999) and ‘*Thriving Through Crisis*’ (2005)

Alfred Pritz clinical psychologist and psychotherapist; General Secretary of the European Association for Psychotherapy; President of the World Council for Psychotherapy; co-founder of the Sigmund Freud University of Vienna. Books include *Globalised Psychotherapy* (2002)

Alexandra (Sandi) Richman specialises in the treatment of victims of acute trauma and personal injury, adult survivors of childhood abuse and dissociation disorders. She is a Consultant Psychologist with the Traumatic Stress Service at the Maudsley Hospital, England, specialising in EMDR. Alexandra is an Approved Trainer and Approved Consultant in EMDR with the EMDR International Organisation (EMDRIA) and with EMDR-Europe Association.

Andrew Samuels is Professor of Analytical Psychology, University of Essex, Visiting Professor of Psychoanalytic Studies, Goldsmiths College, University of London, Honorary Professor of Psychology and Therapeutic Studies, Roehampton University. His books include *Jung and the Post-Jungians* (1985), *The Plural Psyche* (1989), *The Political Psyche* (1993) and *Politics on the Couch* (2001)

Elisabeth Vykoukal practices group and individual psychotherapy, including therapy with homeless people. She has helped run training groups for group and individual analysis trainings in the Ukraine, Albania and Russia. She is a member of DEEP (Disseminating Education in European Psychotherapy). Her written work includes: articles on work with the homeless in ‘*feedback*’ (journal of the ÖAGG) and, with Alfred Pritz (eds.),: *Gruppenpsychoanalyse*. Facultas: Vienna (2003)

Chris Williams MBChB, MD, FRCPsych, is Senior Lecturer in Psychiatry; Honorary Consultant Psychiatrist at the University of Glasgow; member of the Royal College of Psychiatrists Psychotherapy Faculty Executive; and Medical Director of Glasgow Institute for Psychosocial Interventions. His main clinical and research interest is in the area of Cognitive Behavioural Therapy (CBT). He has developed written and computer-based self-help treatments for anxiety, depression and bulimia: (www.livinglifetothefull.com).

About the Conference Venue:

Based in the beautiful university city of Cambridge, the Congress will use the West Road Concert Hall buildings for plenary sessions. West Road is close to the Backs, where the river Cam runs through several college grounds. It is a short walk from the city centre.

Accommodation:

We have arranged rooms in two Cambridge colleges, Clare and Robinson, so that delegates can choose the experience of living for a few days in a Cambridge college. Details are on the booking form (enclosed).

Alternatively, contact the Cambridge Tourist Office <frankiem@cambridge.gov.uk> or phone Destination Cambridge: +44 (0)1223 457 577 for help with finding rooms.

Language:

The official language of the Congress will be English.

Call for Papers:

Abstracts for presentation of papers or experiential workshops on the Congress theme are welcomed. Please contact Alex Walker-McClimens at UKCP for details and form.

Social Programme:

On Thursday the official opening ceremony will include a performance of Dvorak's overture 'In Nature's Realm', which he dedicated to Cambridge. Drinks reception.

On Friday evening, chauffeured punt trips can be booked (small fee), to take you along the Backs on the river Cam, with your chauffeur also acting as your guide.

On Saturday, the private Fellows' Garden of Trinity College will be open for us from early evening, with kind permission of the Master and Fellows. Live music.

Also on Saturday, from 7.30 pm, there will be a Gala Dinner in the Great Hall of King's College, to celebrate the 15th anniversary of the founding of the EAP. Places are limited and cost £68 each, to include drinks, music and a six-course meal with wine. Book early.

Disability needs, special needs:

Facilities are accessible. If you have any particular dietary requirements or other needs please let us know on your booking form, or directly.

For further information please contact:

Alex Walker-McClimens, UKCP, 167-169 Great Portland Street, London, W1W 5PF
Tel: 020 7436 3002 Fax: 020 7436 3013. E-mail: <alexwm@psychotherapy.org.uk>



**'Days of Shaking':
psychotherapy in a time of change**

Cambridge 13th to 16th July 2006



The Backs, Clare College



West Road Concert Hall

**14th Congress of the European Association for
Psychotherapy**

**Hosted by the UK Council for Psychotherapy
10th Professional Conference**

*'These days are days of shaking....and this shaking is
universal'*

Jeremiah Whittaker, priest. (1643).