



# SHOQATA E PSIKOTERAPEUTËVE TË KOSOVËS

## KOSOVA ASSOCIATION FOR PSYCHOTHERAPY

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### INFORMATION FOR EAP

#### GENERAL STATEMENT OF KOSOVA ASSOCIATION FOR PSYCHOTHERAPY – KAP

**President of KAP: Enver Cesko**

Profession of “Psychotherapy” in Kosovo is not regulated by law and any public institutions have no legal status for psychotherapy. This means that using the profession of psychotherapy and their services, is not forbidden to use, train or provide the psychotherapy. This is free to use and organize the training education, if it is exist the professional organization registered as Non-Governmental Organization.

1. Kosova Association for Psychotherapy – KAP is Non Governmental organization(NGO) registered in Ministry of Public Administration, with Registration No: 5100945-2, date of registration 01.08.2001
2. There is no law for psychotherapy in the Country. In December 2013, Ministry of Health, achieved to established the Medical Chamber, where include all medical doctors, technicians, nurses, clinical psychologists and other fields who are dealing with patients. As a branch of Medical Chamber, it was established Chamber of Psychologists but not yet have clear status.
3. There are seven Mental Health Center in Kosovo, who are offering psychiatric, psychological and counseling services for out coming patients. In these centers are working psychiatrists but not all of them having clinical psychologists?
4. Since 2003 it is running the Training education in Positive Psychotherapy with support of World Association for Positive Psychotherapy-WAPP, based in Wiesbaden-Germany. The training program is accredited from WAPP, and organized by Kosova Center for Positive Psychotherapy-KCPP, which is also registered as NGO in Ministry of Public Administration. The training curriculum is same as in WAPP standards(Total hours training program is 1085 hours, including theory, self discovery, practice and supervision hours), and after the passing the successful exam and defending the theses, they receive the title “Certified Positive Psychotherapist”, which gives rights to work as Positive psychotherapist with clients.
5. From December 2013, we have seven Certified Positive Psychotherapist according the regulation of WAPP

6. Since 2007 it is running the Training education on Body Psychotherapy with support and help of European Association for Body Psychotherapy-EABP. The training education program is organized by Kosova Body Psychotherapy Association-NOKTA, which is organizational member in EABP, and is fulfilling the same criteria and training standards as in EABP. Training education program is consisting in 1400 hours of theory, personal therapy, self experiences and supervision. From December 2013 we have one full member accredited as Body Psychotherapist according to EABP standards.
7. In this moment in Kosovo is one ECP and WCP holder, 8 accredited Certified Positive Psychotherapist, 2 accredited full Body Psychotherapists.
8. Kosova Association for Psychotherapy-KAP is National Umbrella Organization and National Awarding Organization, member of EAP, that KAP as Umbrella Organization, has two regular psychotherapy organizations which are promoting two modalities(schools) in psychotherapy, Positive Psychotherapy and Body Psychotherapy.
9. Since 2010, in Kosovo is providing two other modalities, Family Therapy and Cognitive Behavioral Therapy, but they never contact Umbrella Organization-KAP and are not member of KAP. They are totally in depended and self operating; even the KAP invited them to be a member of NAO.
10. Many psychiatrist are declaring that they are doing so called “psychotherapy”, and unfortunately, because of not having the regulation, nobody have right to control them.
11. KAP is working on legislation and trying to have contact with different bodies of different Ministries but till now didn’t reach mutual understanding of anyone.
12. In this situation KAP has very poor budget and difficulties to operate and fulfill obligations in these conditions not only to EAP but also for sustainability of KAP. Membership fee for KAP is 10 Euro for individual members and 50 Euro for organizations or Centers.
13. The payment for cost of one session for psychotherapy is from 10 – 25 Euro, which is depend from experiences of psychotherapists.

Prishtina, February, 2014.